



Osborne News

Onward and Upward

Web: www.osborneps.vic.edu.au

email: osborne.ps@edumail.vic.gov.au

ABN 41 613 786 711

Osborne Primary School Newsletter

25th August 2020

PRINCIPAL REPORT

We are now over the halfway mark of the Stage 4 restriction period. The down turn in the daily cases of COVID-19 is continuing and we do hope the numbers will further decline over the next few weeks to allow the Stage 4 restrictions to be lifted next month. It certainly does not get any easier as the weeks pass, but I do want to commend our students once again on their efforts to engage in remote learning and keep the momentum going with completion of work tasks and participation in online activities. We have some wonderful examples of students' learning shared in this newsletter for our students and community to enjoy. Well done students!



Thank you to our parents and carers for all you are doing to support your children in their learning, alongside managing your own work and other commitments. It is a marathon effort and the staff at Osborne truly appreciate all you are doing.

The wellbeing and safety of our students and families is paramount throughout our remote 2.0 period. Our Wellbeing team has once again prepared an excellent newsletter article (see page 3) to support families by providing tips for promoting mental health and wellbeing. Links to helpful supports and resources are also provided. Please take time to read our Wellbeing section in this newsletter. We are thinking of you all at home and wish you all the best through this very tough time of restrictions.

Transition for Foundation and Year 7 2021

Our enrolments for Foundation 2021 students are now confirmed. On Wednesday this week we will commence transition activities with a parent information session via WebEx followed by a virtual tour of the new Foundation classrooms. This term we also have a story time session and specialist sessions planned via WebEx. Although we are not able to conduct onsite activities yet due to the COVID restrictions, we are providing some different experiences to connect our Foundation 2021 children and parents to Osborne Primary.

Osborne Primary School would like to acknowledge the Boon Wurrung People, the Traditional Owners of the land on which we are gathered and pay our respects to the Elders both past, present and emerging

**Student/Parent/
Teacher Meetings
4th September-
10th September
Via WebEx**

OSBORNE Vision Statement

OSBORNE Primary fosters a caring, inclusive environment that develops values, attitudes, knowledge and skills in our students that will better equip each student to achieve a meaningful and fulfilling life in our complex, changing world.

Online transition activities are being offered to our Year 6 students from the various Secondary schools they will be attending next year. Families will be notified as to dates and details from the individual secondary schools. To our Year 6 students - we hope you enjoy the sessions that will be coming up soon in preparation for your next stage in your education at secondary school.

Completion of First Stage of Building

We are thrilled to have moved into the new buildings! The temporary administration building has been emptied out and we are now fully operational from the new building. It has been a mammoth effort to move all furniture and equipment etc. to their new home. Our Foundation classrooms are now set up and ready to go - they are looking fantastic! Our staff who assisted with the move have been amazing and I would like to extend a huge thank you to them for their wonderful efforts. Thanks also to the community for your patience when our phones and internet were sporadically down during the move. I am pleased to say that everything is now ship shape and we are loving working in the new spaces. Our Foundation students really have something special to look forward to once we are back on site.

(See brochure on page 15 of this newsletter describing the first phase of the building project).



Goodbye Hawker Building



Pam Anderson, Principal



Hi Parents,

We will be running student/parent/teacher meetings later this term. These will take place from the 4th September to the 10th September via WebEx. I'll send out a detailed email next week via Compass regarding booking details.

Brett Miller

Assistant Principal

Term 3 Teamkids Vacation Care at Osborne Primary School (OPS)

We are working with our long-time provider "Teamkids" to enable vacation care during the State of Emergency / State of Disaster.

Additional safety precautions have been put in place to help keep our community safe.

These include:

- Restricting vacation care at OPS to Osborne families.
- Initial bookings will be open only to families with Permitted Worker's Permits and currently approved for On-site supervision
- Reducing the number of vacation care vacancies available

Even though Teamkids are able to offer vacation care, unfortunately it is not "Business as Usual" for the holiday program.

However, if the situation does change we will advise families in the next newsletter.

Wellbeing

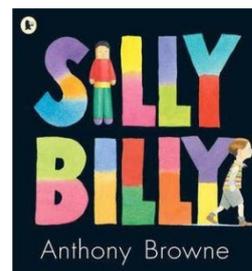
Stay Positive, Curve Worries

We are all navigating our way through this strange, unprecedented, uncharted time. Understandably children might be harbouring worries, concerns or anxiety. Fortunately they are safe in your home where they have family members who can guide, support and assist them to deal with their thoughts and concerns. Here are some tools that may prove helpful.

Help your Child Manage their Anxiety

Unfortunately, there is no magic wand to wave that will eradicate your child's feelings of anxiety or worries. Instead, talking to them and assisting them to come up with ways to help them at this time will assist greatly. This might include adding special activities such as mindfulness, meditation and physical exercise into the daily routine.

You may like to look into: Smiling minds mindfulness app: <https://www.smilingmind.com.au/thrive-inside> Supporting children through uncertain times (factsheets and advice) <https://coronavirus.beyondblue.org.au/i-am-supporting-others/children-and-young-people.html>



Promote Healthy Discussion

Students may like to tune into the book being read aloud on the link below.

“The Huge Bag of Worries” by Virginia Ironside.

<https://www.youtube.com/watch?v=8QwEOSBjOt8>

It provides students with a story they may relate to, especially at this current time. Follow up after your child hears this story asking them how they are feeling and if they have any worries they might like to share with you. It is a great opportunity for students to talk through any worries or concerns they currently have and for you to assist in reassuring them.

Embrace Worry Time

Beyond Blue suggest setting aside a designated time each day to record and deal with worries. Encourage your child to write down or draw what is bothering them. When that time is up, shut those worries away in a worry box or tear them up. Again, a discussion about their concerns during this chosen time would be very beneficial.

Creating Worry Dolls

If your child is feeling a little unhappy, worried or upset, you might like to encourage the use of worry dolls to share their worries with. Open the link to watch the beautiful story about Billy, from the Anthony Browne book “Silly Billy.” This book might be a good lead into asking your child if they relate to Billy and if they think the worry dolls helped Billy? Students may like to create their own Worry Dolls out of paper, pencils, crayons, scissors and texitas. The brighter the better!

https://www.youtube.com/watch?v=l8MNTKa_D4

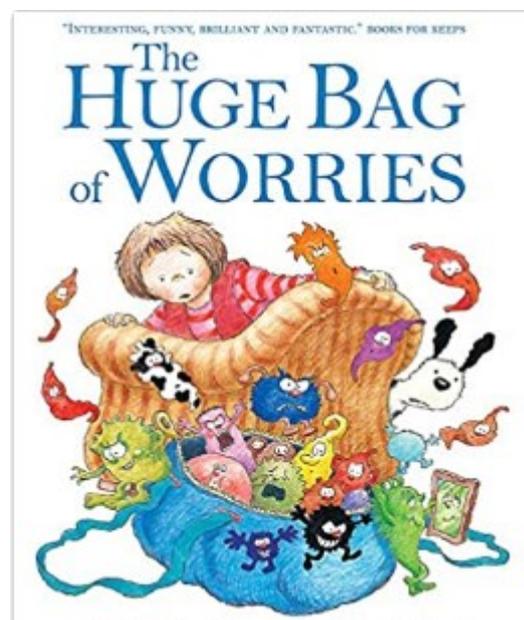
Look Up

When you feel worried or overwhelmed, look upwards towards the sky or ceiling. This shifts your focus of attention from your feelings to your visual thinking. This is a good tool to use to assist students to feel calm if experiencing worrying thoughts, where you can point up and say “Look up.” It will help your child's brain to re-focus on what it's actually seeing instead of dwelling on some worrying thoughts.

We all possess a helpful tool kit within, which we can draw upon to assist us during times of worry or concern. Hopefully some of these tips and ideas prove useful when dealing with this time in your family. Take care. Stay safe.

Michelle Ogilvie, Year 1 Teacher

Wellbeing Team



Mindfulness Tips to try at home from one of our Peer Support Leaders Maddyn

- Listen to some of your favourite music for some of the day because scientists have proven that listening to music soothes your mind for contemplation.
- Try and do a meditation because some people think that meditation is boring but it actually works
- Try doing something you like to do a lot like draw, play sport or read because most of the time kids are playing on their phone or console
- Having a sleep, it is always good to lay down and reset for a bit
- Having a chat to your friends over FaceTime is good especially now. Talking to your friends or family will make you feel safe and good inside
- Just lying down and thinking also soothes the mind because you could be imagining as well like you could be thinking of soaring through the air with the birds!

Our Peer Leaders have been working together to put together activities to support their peers wellbeing. They have come up with some fun things that they hope will lift all student's spirits and put a smile on their faces!

Look out for your classes 'Whacky Webex', you can wear something whacky to the meeting with the aim of making your classmates and teacher laugh! There will also be a 'Footy Day' themed Webex where you can wear your favourite sporting teams colours. Some mindful colouring pages have also been drawn for you to practise mindful techniques- these will be assigned to you on Seesaw. Maddyn has created some excellent mindfulness tips you can practise at home. Well done to our Peer Leaders who have spent lots of time preparing these activities.



Left to right: Jesse S, Ava G, Maddyn S, Harry S, Summer P and Rosie Mc.

NATIONAL SCIENCE WEEK AT OSBORNE



Last week was National Science Week, and to celebrate Mrs McMellon completed The BIG Watermelon Experiment. The aim of the experiment was to see how many elastic bands it would take before the force of the elastic bands imploded then watermelon. All students from Foundation to Year 6 submitted their guesses throughout the week before the experiment was conducted. We were all completely surprised that it took 512 elastic bands before the watermelon imploded, sending watermelon flying across Mrs McMellon's backyard and giving her quite the surprise. If you haven't had a chance to see the video it is available on our school Facebook page.



The theme for National Science Week this year was Deep Blue. Our Year 3 and 4 students discussed their connection to the ocean by sharing beautiful photos and videos. Our Year 5 and 6 students learnt about different organisations that are working hard to clean up and protect our oceans. They created their own pledges, to Take 3 for the Sea.



Mia 6AC



By Caiden 5BH



Imogen 5SM

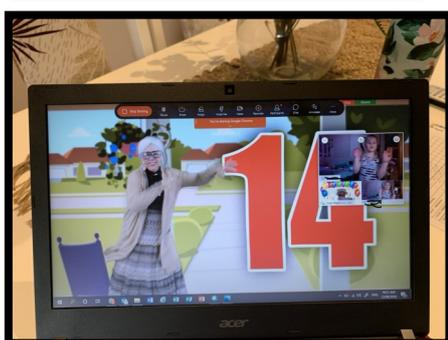
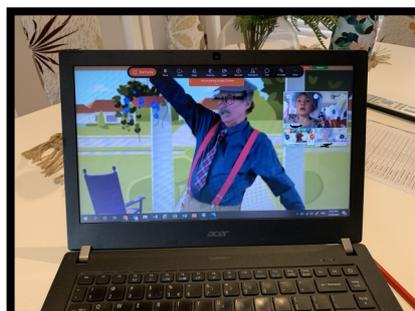


Sophia 6KH

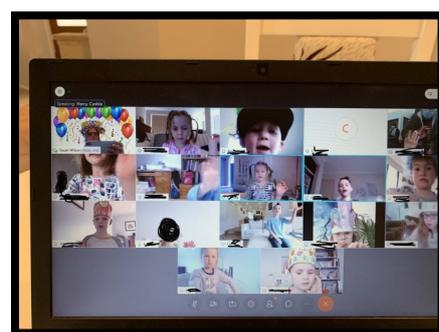


Ava 6KH

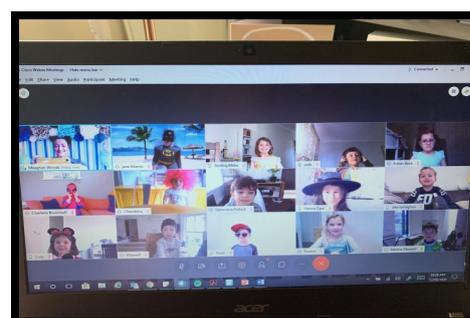
PREPS CELEBRATE 100 DAYS OF LEARNING

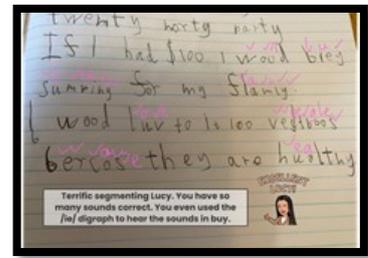


**PREP
SW**



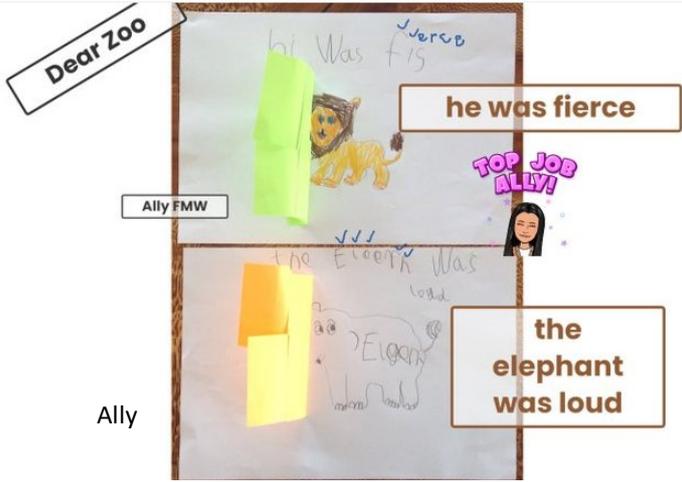
**Little
Ossies**





If I had \$100... Lucy

PREP MW



Ally FMW

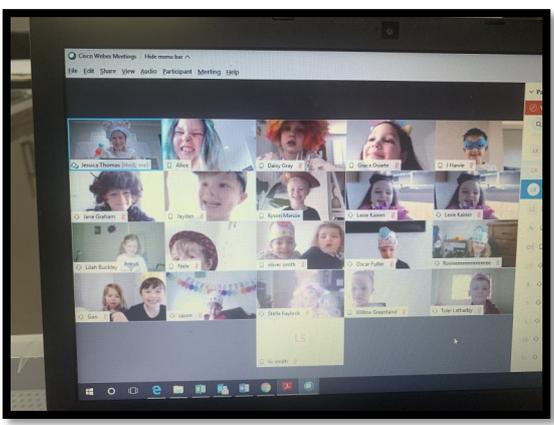
Ally



Bailey FMW Inquiry Project- Titanic



Dominic

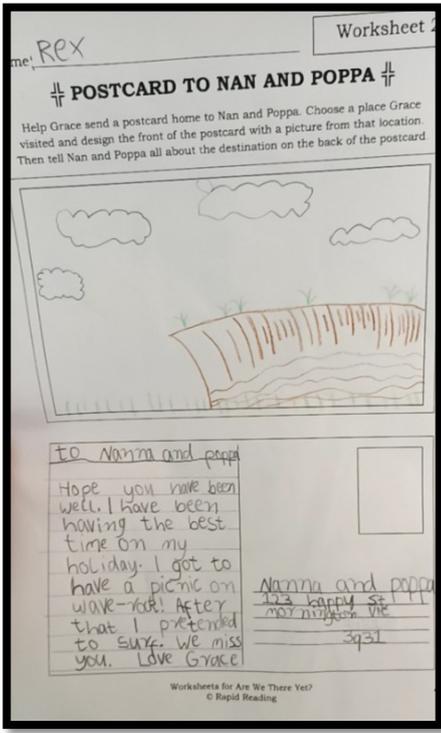


PREP JT



PREP JS





Rex

2FQ



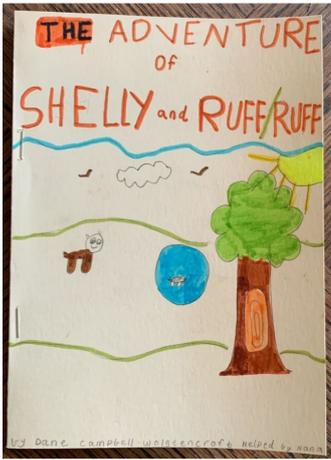
Billie



Cruz

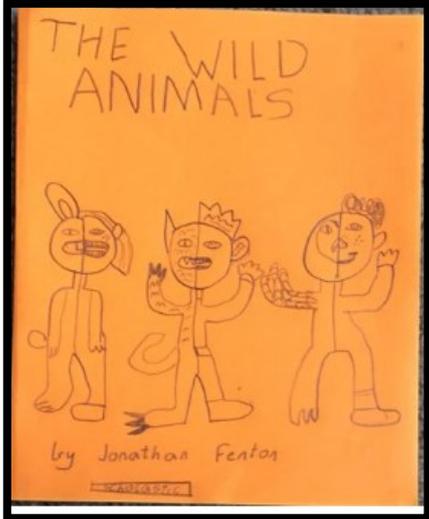
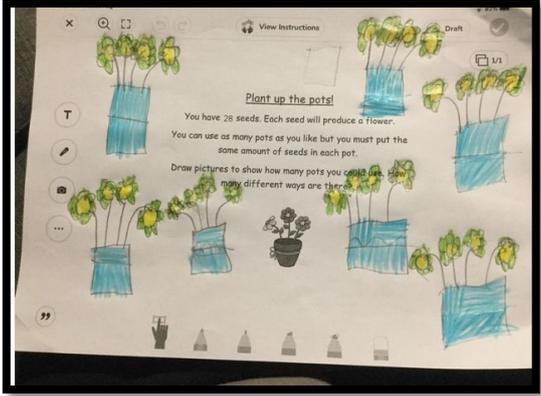


Dane



Johnathon

Linkon



Statement: We shouldn't have to recycle anything

Byron 4MB

Do you really want to pollute the world by throwing everything in the rubbish bin? By recycling our waste, we reduce landfill, save more trees and ultimately help the environment we all live in.

It's important to reduce landfill because too much of it will pollute the earth. The rubbish in landfill often contains a lot of substances that are harmful to the environment. These substances release toxins and chemicals into the earth as they break down. Plastic can take 1000 years to decompose and when plastic bags are thrown away and not reused, they end up in landfill as well as rivers and oceans.

Recycling also saves trees. Trees are important to our environment because they provide oxygen for the air we breathe, they help protect the soil and provide homes for wildlife. By recycling one tonne of paper, you can save about 17 trees as well as saving landfill space.

It's important to look after the earth and our environment so that we can all live and survive for future generations. A healthy environment has clean air and water, good soil for growing food and a climate that supports all life. If we don't recycle and all our waste goes into landfill, we will just pollute the earth and poison the atmosphere and the air we breathe.

I hope now you can see that recycling is worth doing. By recycling we can reduce the amount of waste that goes into landfill, we can save thousands of trees and homes for animals and help care for the environment we all live in. Sounds like a good idea, right? So let's work together and recycle as much as we can and make the world a better place.

Introduction:

Recycling is the most important thing in the world! Who likes pollution and littering? 100% NO ONE! Who wants a tidy planet? 100% EVERYONE! So we have to recycle because it's the only way to save the planet! Otherwise, we would have to live on a spaceship in outer space. It would be your fault we had to leave Earth. Would you like that? NO, I DIDN'T THINK SO!

Paragraph 3: Palm oil

Cutting down forests for palm oil actually makes the air less healthy for us. It's because the trees give us oxygen, so if we cut trees down, we lose our health. Forests are important to animals as well. Imagine if a building company knocked down your home and you were so badly hurt you had to go to hospital. You would feel like nobody cared about you. That's how the animals feel when forests are cut down.
HELP WITH REFORESTATION!

Paragraph 1: Pollution

If we don't recycle, the planet will be filled with pollution, which will make it hard to breathe. We would have to wear oxygen masks everywhere we went, which would get annoying. People who couldn't afford a mask would die because you didn't recycle. No-one recycled! Not recycling makes you die!
SO RECYCLE!

The end

Sometimes, the end is only the beginning, and now is one of those times. Surely you agree with me now that recycling is the most important thing in the world. WHO AGREES WITH ME? YOU! Repeat after me: I will always remember to recycle. Louder! I will always remember to recycle! Good! One last thing before you go:
Keep Recycling!!!

Paragraph 2: Littering

Not recycling would mean piles of litter blocking roads, covering oceans etc. You would be the person to blame when cars couldn't get where they needed to go and every animal in the world was extinct. Would you like that? No, you would not. If we all recycle, the world will be safe. If you recycle, you are like a super hero, and recycling is your super power.
GO RECYCLING!

Sadie 4MB

12:18 Jarrah 4MB

Minecraft is the best game because you feel proud when you find diamonds.

Minecraft is a game that can be played on PC, XBOX or PLAYSTATION. Minecraft is a best selling game. It is played by millions of people around the world.

The objective of Minecraft is to get all of the achievements in the game. You also have to defeat the wither and ender dragon too.

The wither and ender dragon are in-game bosses. If you defeat those bosses they will drop a special item. I will not tell you those items its a surprise.

There are my three reasons why I think Minecraft is the best.



Frankie 4MB

Could you imagine if we didn't recycle anything at all, and all recyclable matter went into the rubbish bin? What a mess! The impact on landfill would be catastrophic not to mention the loss of jobs but also how bad this would be for our environment.

If everyone all of a sudden stopped recycling we would be swimming in our own garbage in a matter of time. YUCK could you imagine that? If people didn't recycle our landfills would become too full and where would the rest of our rubbish go? It would end up in our beautiful oceans killing our marine life and making our water unswimmable.

Recycling in the community is really important for a number of reasons. Local councils assist communities with various recycling programs to help households and businesses reduce, reuse and recycle. The government also provides grants to local schools and community groups to help with their sustainability and recycling. Did you know our school helps by participating in 'Nude Food'?

If people stopped recycling it would impact on lots of different jobs. These include jobs like the man that collects the our recycling bins the people who sort the recycling the people who work at the tip and the people who make goods from recycled products. Could you imagine how horrible it would be if all these people in our community lost their job?

In conclusion do you really think we shouldn't have to recycle anything at all? What a silly question! Of course we should. Everyone should recycle if we didn't the impact on our environment and community would be huge. So please play your part and recycle where you can and let's all live in a sustainable World.

5HH



fast facts!!!!

- Did you know Japan's population is: 126,476,461. Japan population is equivalent to 1.62% of the total world population.
- Its true that Japan has over 100 active volcanoes with over 70% of the country being mountainous.
- Did you know Japan, is an island country in East Asia. It is often called the "Land of the Rising Sun".
- Did you know When you slurp your noodles loudly in Japan, it is considered a sign that you are enjoying the meal.
- Japan experiences about 1500 earthquakes per year.

Charlie

How To Take Care of A New Puppy

FEEDING: Most Puppies are three weeks away from high quality puppy food and be sure to provide fresh water at all times. Do not over feed, smaller amounts more often is better.

HYGIENE: Puppies need to go outside atleast every 2-3 hours at first to start Potty Training then slowly reducing to every three hours and making sure to give your puppy lots of love and hugs.

TRAINING: Be patient with your Puffy, your Puffy is learning it will make mistakes. Set up an area with a bed and a barrier for a safe place for your puppy to have quiet time. This will help with training your puppy.

BONDING: Spending time and developing a connection start with a leash and basic commands such as come sit stay stick to these limits for your Puffy to learn. It's good idea to socialize your Puffy with other friendly dogs and your Puffy's friends.

He reminds of Zac :)

The Role of a working dog

By Amy

The main jobs for working dogs are, seeing eye dogs, and drug detecting dogs. Most working dog jobs require a certain breed with natural talents, or instincts that fit that job.

-----Drug detection job-----

The drug detection job role is mainly played by the German Shepard breed, Labradors, English Springer Spaniels, Beagles, and a few other breeds. These dogs are trained to sniff out drugs, in places like airports, and places where you can travel interstate.

-----Seeing eye dog-----

Seeing eye dogs are dogs especially trained to help people who are blind. Seeing eye dogs are normally played by Labradors, or Golden Retrievers, because of their intelligence, and great sense of direction. Guide dogs must go through intense training, and many smart dogs fail. When guide dogs are in training, they wear a blue jacket as a sign you must not pet, or play with it, or it mucks up their training. Here is a video about seeing eye dogs!

<https://www.youtube.com/watch?v=07d2dXHYb94>



In response to: National Science Week investigation 1

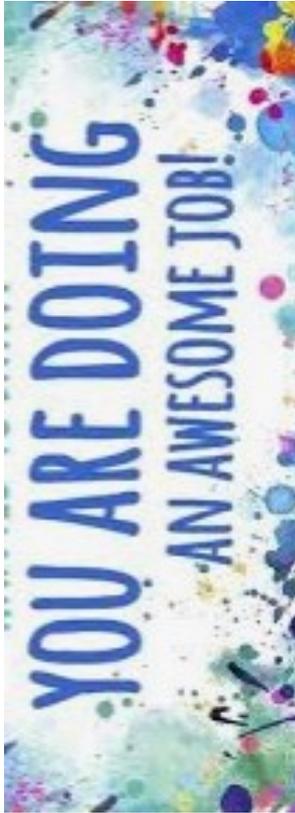
Results
How many traces of animals did you see?
Take photographs of your discoveries and/or record your observations here.

Inquiry/science

McKayla



6TW



Osborne Year 6 Tech Crew

'Remote Learning Tips'

1. Wake up the same time every day
2. Stick to a morning routine (no Pj's on Webex)
3. Eat healthy food, keep your water bottle full!
4. Set up your daily 'school space' desk or table
5. Have your laptop at eye height, no hunching
6. Be on time, be organised
7. Log onto Seesaw by 9am
8. Have regular, fun movement breaks
9. Tick off your completed Seesaw Activities
10. Reminder- help others, keep active and ask for help from teachers, parents and friends

Brought to you by your Year 6 Tech Crew: Shea, Brody, Samantha, Loy, Thomas, Oliver, Taj and Dalton



My Pet Zombie

My zombie's name is Putrid Innards. He is 7000, so he is still a baby. At his young, fragile age, he needs special care.

Diet

Putrid needs a special formula, made from one cup of rotten flesh (provided) and one cup of water. Give him that twice a day. And for dessert, just making up some jelly. (He likes it because it's made out of cow hooves).

Entertainment

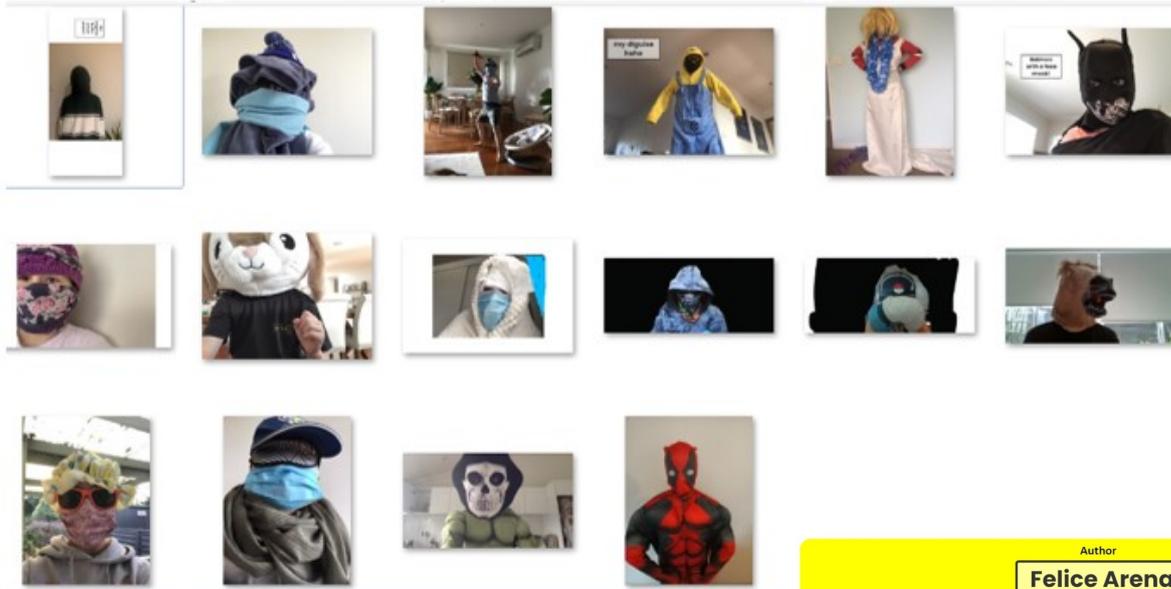
In a large grassy field, put at least two small cows or pigs, and he will be happy for hours on end, to go and chase them, before gobbling them up.

General Care

When it comes to bedtime, set up a massive bonfire (make sure you cushion it with hay underneath) and he is trained to go in and have a nice sleep. At 5:00pm, it is time for his bath. Pour 10 litres of blood (provided) into the tub and let him bathe for 1 hour.



6TW Guess the Student in Disguise Webex



Comment

I loved playing the guess who game at the start!
 Thanks for the Webex! It was so much fun!
 Nobody guessed who I was...hahaha
 Everyone looked so funny. Thanks
 I like the guess the student disguise challenge!
 A really good Webex Mrs W

Author
Felice Arena

Book 1
Sally and Dave

Book 2
Sporty Kids Footy

5 Sentence Summary of Book 1
Sally is a slug that is really good at most sports and shows off. Dave is a common slug that is really lazy. Sally one day tells him to do something else in a rude tone. Dave is fed up with her thinking she is the best and confronts her.

5 Sentence Summary of Book 2
Jo is playing a match of football and they are really close, he drops the ball and tries to handball in away but drops it and loses the match for his team. Jo's coach tells him to practise his hand balls, because he feels really disappointed in himself he does as he says. Practise. The next game Jo is in the same position and handballs it off to his mate Angus. It turns out to be a really good handball and wins the game for his team.

Illustration from Book 1
Felice Arena

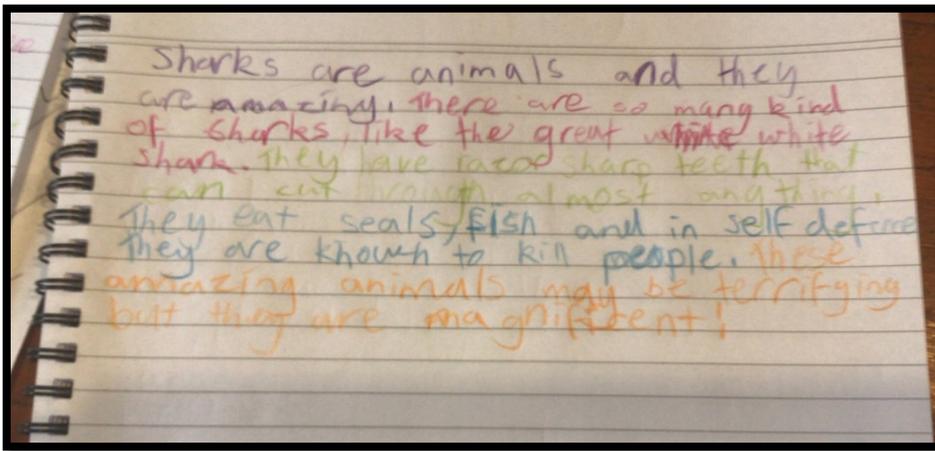
Illustration from Book 2
Tom Jellet



Skye 6TW

Izzie 6TW

Sitting there half in the world half out, just still like a large silver statue. My arms are covered in a thin layer of black sand, which has been falling from the weight on my shoulder every time I think I have the strength to lift again. I can hear the whispers of the nearby trees like they are trying to mock me for not having the strength to lift the weight. So now I just give up. Slowly, I slide back into the ground saying my final goodbye to the world, not knowing when I might come back again...



6AC

Coloured writing - Finlay

#2 The First Peoples Exhibition- Language

Feel and reflect/write

1. How does this exhibit make you feel about your own language?

It makes me feel happy and proud

2. Why is the preservation of these languages important?

Because it is peoples languages that they want to keep the spirit of alive to acknowledge their people?

3. How can we preserve language and culture for future generations of all Australians?

By teaching the language to more and more so that the teaching of the languages flows on to the future generation.



First Peoples Exhibition - Lucy

Book Report

Book Report - Mia

Heroes of Olympus, The Lost Hero by Rick Riordan is a book that is so addictive you cannot put it down. The book comes with many book genres making it extremely like-able for basically every reader-History, Humor, Mystery, Mythology, Fantasy, Action and Adventure are just a few of the many genres the book represents.

In the lost hero new characters are introduced into the series Jason, Leo, Piper and many other not to mention adding Roman Mythology into the mix rather than just the Greek mythology. As the Titan war ended just before the end of series one now the Giants that worked for the Titans are stirring and have captured Piper's dad Chase Mclean the Hollywood famous movie star. And not only that but in order to save Pipers dad the trio Piper, Leo and Jason must choose between also saving the queen of all Greek Gods Hera who has stolen Jason's memories to try and convince them to choose her over Mr. Mclean.



OSBORNE PRIMARY SCHOOL NEW PERMANENT MODULAR BUILDINGS

Our new administration building and learning centres include the following features:

-  **Cutting edge design**
-  **Flexible learning spaces for 21st century learning**
-  **External decking**
-  **Fit-for-purpose build requiring minimal maintenance**
-  **Low carbon footprint**
-  **Design to maximise natural light and ventilation**
-  **Integrated ICT providing digital connectivity throughout**
-  **Energy efficient design and building materials**
-  **New school entry and administration spaces**
-  **Resource centre**
-  **Enhanced site connectivity and accessibility**

More information

If you have any questions about these exciting changes, please contact the principal, Pamela Anderson, by phone on (03) 5975 1792.

If you would like up to date information on the project, please visit schoolbuildings.vic.gov.au and search for Osborne Primary School.

Dear Community,

I am delighted to share information about our new permanent modular building with you.

Architecturally designed and constructed offsite, the building will be ready quicker with far less disruption than a traditional building.

We have worked closely with the design team to ensure our new buildings reflect Osborne Primary School's vision and needs. The project will replace three existing buildings with new administration and learning centres. The new learning centres will feature modern and flexible classrooms centred around common learning spaces that provide connectivity but also room for collaboration. The project will also include new resource centre and a modern arts learning space.

The buildings have been re-configured to enhance connectivity and functionality of the wider school grounds.

Please feel free to contact me with any questions as we work towards this exciting milestone.

Kind regards,

Pamela Anderson
Principal, Osborne Primary School

