

# OSBORNE TERM ONE MENU 2020

BY MAMAS IN THE KITCHEN

## Fresh Sandwiches & Wraps

White, Wholemeal & Multigrain Bread  
Gluten Free Bread available for \$1.00 extra

Fresh Shredded Chicken Breast with Salad and Mayo	5.50
Ham <u>or</u> Tuna <u>or</u> Egg <u>or</u> Cheese with Salad	5.00
Salad Only	4.50
Honey <u>or</u> Vegemite <u>or</u> Cheese <u>or</u> Home Made Strawberry Jam	2.50
Add Avocado <u>or</u> Egg <u>or</u> Beetroot	1.00
Add Tasty Cheese	.50
Add Lactose Free Cheese (Bio Cheese)	1.00

## Toasted Sandwiches & Wraps

Fresh Shredded Chicken with Tasty Cheese	4.50
Ham <u>or</u> Tuna with Tasty Cheese	4.00
Cheese	3.50
Cheese and Tomato	3.80
Ham, Cheese and Tomato	4.50

## Fruit Salads

Fruit Salad Cup	2.00
Fruit Salad - small	3.50
Fruit Salad - large	5.50

## Trading Hours

Our School Canteen is open for online Lunch orders and over the counter sales & Coffee

5 days a week!

## Food Allergies

Please be aware that all care is taken when catering for specialist dietary requirements. It must be noted that within the premises we handle wheat flour, eggs and dairy products. All our items are prepared and cooked on shared equipment and although care is taken, the decision to consume food from this menu remains the responsibility of the customer.

## Everyday Hot Food

Available Monday to Friday

Build your own Nachos Select your toppings from Cheese, Salsa and Sour Cream (\$ each item)	3.00 .50
Beef	1.00
Sweet Chili Wrap Crumbed chicken tender with lettuce, tomato and sweet chili sauce	6.00
Burrito Wrap Beef, lettuce, cheese, salsa, sour cream	5.50
Chicken, lettuce, cheese, salsa, sour cream	5.50
1 x Steamed Dim Sim	1.00
3 x Steamed Dim Sim	2.50
Soy Sauce sachet/ Tomato Sauce Sachet	.30
<b>Sauces MUST be purchased for Lunch Orders</b>	
Bio Wooden Fork	.20

## Monday & Tuesday

Cheeseburger	4.50
Beef Pattie, lettuce, cheese and tomato sauce	

## Wednesday

Fresh Sushi Roll — Sushi King	3.00
Teriyaki Chicken, Cucumber & Avocado, Cooked Tuna	

## Thursday

Mini Pizza Margherita (homemade base)	5.00
Mini Pizza Ham & Pineapple	5.50

Add Lactose Free Cheese (Bio Cheese) Add 1.00

## Friday

Lasagna Half Serve	4.50
Full Serve	6.00
Gluten Free Half Serve	5.50
Full Serve	7.00

## Drink and Frozen Foods

All listed items are to be collected from the Canteen during lunch play.

Homemade Milkshake - Chocolate, Strawberry or Banana	2.50
Almond, Lactose free or Soy milk available	Add 1.00
Fruit Smoothies — Flavours vary Only available in full cream milk	3.50
Old Fashioned Lemonade - Home made	2.50
Frozen Fruit Pop	1.00
Frozen Fruit Smoothie Pop - Contains Milk	1.50
Lemonade Pop	1.50
Choc Pop - Available Friday only	1.50
Frozen Fruit in Juice	2.00

## Café Os Coffee Club

### Adults:

Coffee, Chai Latte	Small (1 Shot)	4.00
	Medium (2 shots)	4.50
	Jumbo (3 shots)	5.50

Extra Shot of coffee, Syrup or Turmeric Latte	Add 0.50
Soy, Almond and Lactose free milk	Add 0.50



Tea- English Breakfast / Peppermint 2.50

Iced Coffee Frappé	5.00
Ice Cream - (Gluten Free)	Add 0.50

### Children: Hot Chocolate

Small	3.00
Medium	4.00
Jumbo	5.00

