

Term 1!

OSBORNE PRIMARY SCHOOL MENU 2019

BY MAMAS IN THE KITCHEN



ONLINE LUNCH ORDERS

Mamas in the Kitchen and ultimateschools.com.au have everything ready to make lunch orders easy. All you need to do is log on, register, add your child's details, add your funds (min of \$5.00), choose their lunch, and we take care of the rest. You can order in advance or up until 9.30am the morning of the order!

FOOD ALLERGIES

Please be aware that all care is taken when catering for specialist requirements. It must be noted that within the premises we handle, wheat flour, fungi, eggs and dairy products. All our items are prepared and cooked on shared equipment and although care is taken, the decision to consume food from this menu remains the responsibility of the customer.

CAFÉ OS COFFEE CLUB

From 8.40 to 3.15am every day!

Bring your KEEP CUP and save 50c per coffee!!

Adults:

Coffee, Chai Latte	Small	4.00
	Large	4.50

Extra Shot of coffee or Syrup or Turmeric Latte	Add	0.50
Soy, Almond and Lactose free milk	Add	0.50

Tea		2.50
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Iced Frappé Coffee with Cream		5.00
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Ice Cream - (Gluten Free)	Add	0.50
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Children:

Hot Chocolate Small		3.00
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	Large	4.00
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TRADING HOURS

OUR SCHOOL CANTEEN IS OPEN FOR ONLINE LUNCH ORDERS AND OVER THE COUNTER SALES & COFFEE **5 DAYS A WEEK**

SANDWICHES & WRAPS

White, Wholemeal & Multigrain available
Gluten Free Bread available for 50c extra

Fresh Shredded Chicken Breast with Salad and Mayo	4.90
Ham or Tuna or Egg or Cheese with Salad	4.50
Salad Only	4.00
Honey or Vegemite or Cheese or Home Made Strawberry Jam	2.50
Add Avocado or Egg or Beetroot	1.00

TOASTED SANDWICHES/WRAPPS

Fresh Shredded Chicken with Tasty Cheese	4.50
Ham or Tuna with Tasty Cheese	4.00
Cheese	3.50
Cheese and Tomato	3.80
Ham Cheese and Tomato	4.50

FRUIT SALADS

Varieties will vary depending on seasons

Fruit Salad Cup	2.00
Fruit Salad - small	3.50
Fruit Salad - large	5.50

TAKE HOME MEALS

Home Made Lasagna

To serve 6 \$25.00

To serve 8 \$30.00

Order 'Take home meals' in the online menu.

The Take home meals will be frozen, however if you require something fresh this can be arranged with notice, call in and see us or send us an email at ; mamasinthekitchen.catering@gmail.com

EVERY DAY HOT FOOD

Home made Lasagna - Small Serve	4.00
- Large Serve	6.00
Gluten Free Lasagna - Small Serve	4.50
- Large Serve	6.50
3 Home made Cheesy Chicken Nuggets	4.00
Vegetarian Nachos with Salsa, Cheese and Sour Cream	4.50
Nachos with Beef, Salsa, Cheese and Sour Cream	5.50
Burrito Wrap - Beef, lettuce, cheese, salsa, sour cream	5.00
- Chicken, lettuce, cheese, salsa, sour cream	5.00
Fried Rice	5.00
Fried Rice - Vegetarian option	4.50
1 x Steamed Dim Sim	.80
3 x Steamed Dim Sim	2.00
Pizza Slice Margarita (Home Made Pizza Base)	3.00
Ham, Cheese & Pineapple	4.00
Soy Sauce sachet/	
Tomato Sauce Sachet	.20

DRINKS & FROZEN FOODS

ALL LISTED ITEMS NEED TO BE COLLECTED AT LUNCH PLAY FROM THE CANTEEN ON THE DAY OF ORDER WITH LUNCHBAG.

Home made Milkshake - Chocolate, Strawberry or Banana	2.50
Almond, Lactose free or Soy milk available	Add 1.00
Fresh fruit Smoothies - Varieties will vary depending on season	3.50
Old Fashioned Lemonade - Home made	2.50
Frozen Fruit Pop - Fruit only	1.00
Frozen Fruit Smoothie Pop - Contains Milk	1.50
Frozen Fruit in Juice	2.00